

Big Picture

FINE FOCUS

2016 CALENDAR

RAW. ORGANIC. 100% JUNK FREE.

Ingredients: INSPIRATION, ENCOURAGEMENT,
PLAYBIGPLAYNOW MONTHLY CHALLENGES,
INSIGHT, MOTIVATION, WORDS TO LIVE BY,
#GENERATIONAMAZING

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NOVEMBER 2015

DISCLAIMER

*The pages in this calendar can be a 10 second read, a 1 hour reflection,
or a daily focal point...the choice is up to you.*

*May each month inspire you to dream big, take bold action,
and make each moment count.*

*Here's wishing you an above and beyond 2016.
You. Are. Loved.*

Love,

A handwritten signature in black ink, appearing to be 'Jana', written in a cursive style.

1

YOU MATTER

Time is the currency of life. My hope is that you will make the time you have count with the people, events, and causes that are important to you. Beyond a calendar, the pages ahead are a reflection of your life. Twelve Game Changers have been specially selected to empower and inspire you to be the BEST version of yourself each day such that you live your BEST life now. Happy ThanksLiving!

One of the greatest privileges we have is to share who we are, what we know, and what we have. As such, if after reading this you got at least ONE thing (I'm counting on you getting at least two), please visit bigpicturefinefocus.com for more goodies and spread the word via email, Facebook, LinkedIn, twitter, Pinterest, snail mail, your choice.

2

Play It Forward.

Do you want more? I personally invite you to hop on over to bigpicturefinefocus.com for some amazing goodies and sweet treats. And while you're at it, be sure to sign-up for regular doses of inspiration, love, and goodies delivered to your inbox. Raw. Organic. 100% Junk Free.

3

Connoisseurs like Company.

THE *Big* THREE
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When we change
the way we live,
we change
the way we Love.

- JANUARY -

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



PlayBigPlayNow: *Does your sight determine your vision or does your vision determine your sight?*
Take out a blank sheet of paper and write/draw/brainstorm all of the things you are envisioning for this new, amazing year. Whatever YOU believe, you will see.

When we change
the way we Love,
we change
the way we live.

- FEBRUARY -

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14	15	16	17	18	19	20
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28	29					



PlayBigPlayNow: *Love is a lifestyle. It happens one choice, one action, on moment at a time.*
What's one way you can be Love in Action today?
Let's not count moments but make every moment count.

Love. Give. Receive.
It's the heartbeat of a
life changing from
the inside out.

- MARCH -

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20	21	22	23	24	25	26
27	28	29	30	31		



PlayBigPlayNow: Giving 10% with 100% of your heart is greater than giving 100% with 10% of your heart.
What would giving with 100% of your heart look like at home/at work/everyday in every way?

No. You. Dare?
Do you dare leave
this world better
than you found it?

- APRIL -

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PlayBigPlayNow: *Excellence in action occurs one choice, one moment at a time.*
What does being a person of excellence look like to you?
Will you commit to being excellence in action today?

The most flawless thing
we can do is admit
just how flawed we are.

- MAY -

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PlayBigPlayNow: Celebrations and wins are not defined by their size. Only YOU determine their significance. **Finish this statement: Today, I am celebrating....** Make celebrating a daily thing.

Where there is
Love,
there is life.

- JUNE -

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PlayBigPlayNow: If you go to any bookstore, you will find an abundance of cookbooks. There are those who follow the recipes and those who create them. **What type of recipe got you to where you are today and what type of recipe do you need to follow and/or create to be who you want to be and live the life you desire?**

C.A.R.E

Compassion. Always. Respects. Everyone.

- JULY -

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PlayBigPlayNow: *It's easy to complain and criticize. What would it be like if instead of being first to criticize and last to complement, you were FIRST to compliment and last to criticize/complain?*
Only for today, be the FIRST to compliment and the last to criticize.

All In. At Any Cost.
Wholehearted Living.
Do You Dare?

- AUGUST -

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PlayBigPlayNow: *Your life is a reflection of what you believe and what you give.*

What would **GIVING YOUR BEST** look like? What do you need to give your **BEST** each and everyday? Say, "NO" to being a half-ass version of yourself and/or a second rate version of someone else!

*It's not about you
and it's all about you.*

- SEPTEMBER -

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PlayBigPlayNow: *The choices you make, the actions you take, and the beliefs you have can breathe life into your dreams or suck the life out of them. Today, commit to being the person you desire to be and living the life you want, one choice, one action, one belief at a time.*

Vitamin G (gratitude) Daily Recommended Dose: The more the better.

- OCTOBER -

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
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PlayBigPlayNow: Gratitude takes place when we focus on who we are, what we do have, what we can do, and what we can give. Create a gratitude journal/document and acknowledge all the things you are grateful for...you will be RICHER because of it!

When we place our trust in God
and not what's in our hands,
anything and everything
is possible.

- NOVEMBER -

S	M	T	W	T	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



PlayBigPlayNow: *Fear often tells us what we can't do while courage speaks to all we can be.*
What fears are holding you back? What would its courageous counterpart say/look like?
Put COURAGE before fear, and the life you desire will become clear.

The Gift
is always
on the inside.

- DECEMBER -

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



PlayBigPlayNow: As a new year comes to a close, what are you taking away (lessons learned, celebrations, acknowledgements, wow moments)? **Take out a blank sheet of paper and write/draw/brainstorm all of the things you are taking away from this year and how it will influence the way to live, love, and lead in the new year to come.**

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THE PLAYGROUND OF *Connoisseurs of life*
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